

May 2025 West Field House Drop-In Programs & Open Gym

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Fitness Center 6-9pm Walking Track 6-9pm Open Basketball 6-9pm Men's Bball League 6-9pm	2 Skip Day	3 Fitness Center 1-4pm Walking Track 1-4pm Open Gym 1-4pm
4 Fitness Center 9-1pm Walking Track 9-1pm Open Gym 9-1pm	5 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	6	7 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	8 Fitness Center 6-9pm Walking Track 6-9pm Men's Bball League 6-9pm	9 Fitness Center 6-9pm Walking Track 6-9pm Drop-In Teen Basketball 6-9pm Open Gym 6-9pm	10 Fitness Center 1-4pm Walking Track 1-4pm Open Gym 1-4pm
11 Fitness Center 9-1pm Walking Track 9-1pm Open Gym 9-1pm	12 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	13	14 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	15 Fitness Center 6-9pm Walking Track 6-9pm Open Basketball 6-9pm Open Gym 6-9pm	16 Fitness Center 6-9pm Walking Track 6-9pm Drop-In Teen Basketball 6-9pm Open Gym 6-9pm	17 Skip Day

Updated 4/17/2025