

# May 2024 West Field House Drop-In Programs & Open Gym

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Fitness Center 6:00-9pm Walking Track 6:00-9pm Men's 35 & Older Basketball 7:00-9pm Open Gym 6:00-9pm	2 Fitness Center 6:00-9pm Walking Track 6:00-9pm Open Gym 7:00-9pm	3 Fitness Center 6-9pm Walking Track 6-9pm Teen Open Gym 6-9pm	4 Fitness Center 1-4pm Walking Track 1-4pm Open Gym 1-4pm
5 <b>SKIP DAY</b>	6 <b>SKIP DAY</b>		8 <b>SKIP DAY</b>	9 <b>SKIP DAY</b>	10 Fitness Center 6-9pm Walking Track 6-9pm Teen Open Gym 6-9pm	11 Fitness Center 1-4pm Walking Track 1-4pm Open Gym 1-4pm
12 Fitness Center 9am-1pm Walking Track 9am-1pm Open Gym 9am-1pm	13 Fitness Center 6:00-9pm Walking Track 6:00-9pm Men's 35 & Older Basketball 7:00-9pm Open Gym 6:00-9pm		15 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	16 Fitness Center 6-9pm Walking Track 6-9pm Open Gym 6-9pm	17 Fitness Center 6-9pm Walking Track 6-9pm Teen Open Gym 6-9pm	
19	20	21	22	23	24	25
26	27	28	29	30	31	