

April 2024 West Field House Drop-In Programs & Open Gym

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	2	3 Fitness Center 7:30-9pm Walking Track 7:30-9pm Men's 35 & Older Basketball 7:30-9pm Open Gym 7:30-9pm	4 Fitness Center 7:30-9pm Walking Track 7:30-9pm Open Gym 7:30-9pm	5 Fitness Center 6-9pm Walking Track 6-9pm Teen Open Gym 6-9pm	6 Fitness Center 1-4pm Walking Track 1-4pm Open Gym 1-4pm
7 Fitness Center 9am-1pm Walking Track 9am-1pm Open Gym 9am-1pm	8 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	9	10 Fitness Center 7:30-9pm Walking Track 7:30-9pm Men's 35 & Older Basketball 7:30-9pm Open Gym 7:30-9pm	11 Fitness Center 7:30-9pm Walking Track 7:30-9pm Open Gym 7:30-9pm	12 Fitness Center 6-9pm Walking Track 6-9pm Teen Open Gym 6-9pm	13 SKIP DAY
14 Fitness Center 9am-1pm Walking Track 9am-1pm Open Gym 9am-1pm	15 Fitness Center 7:30-9pm Walking Track 7:30-9pm Men's 35 & Older Basketball 7:30-9pm Open Gym 7:30-9pm	16	17 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 6-9pm Open Gym 6-9pm	18 Fitness Center 6-9pm Walking Track 6-9pm Open Gym 6-9pm	19 Fitness Center 6-9pm Walking Track 6-9pm Teen Open Gym 6-9pm	20 Fitness Center 1-4pm Walking Track 1-4pm Open Gym 1-4pm
21 Fitness Center 9am-1pm Walking Track 9am-1pm Open Gym 9am-1pm	22 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	23	24 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 6-9pm Open Gym 6-9pm	25 Fitness Center 6-9pm Walking Track 6-9pm Open Gym 6-9pm	26 SKIP DAY	27 SKIP DAY
28 Fitness Center 9am-1pm Walking Track 9am-1pm Open Gym 9am-1pm	29 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	30				