

November 2022 Lincoln-Way West: Drop-In Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	3 Fitness Center 6-9pm Walking Track 6-9pm Open Gym 6-9pm	4 Fitness Center 6-9pm Walking Track 6-9pm Teen Open Gym 6-9pm	5 Fitness Center 1-4pm Walking Track 1-4pm Open Gym 1-4pm
6 SKIP DAY	7 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm	8	9 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	10 Fitness Center 6-9pm Walking Track 6-9pm	11 Fitness Center 6-9pm Walking Track 6-9pm Teen Open Gym 6-9pm	12 Fitness Center 1-4pm Walking Track 1-4pm Open Gym 1-4pm
13 Fitness Center 12-4pm Walking Track 12-4pm Open Gym 12-4pm	14 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm	15	16 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	17 FITNESS CENTER ONLY 6-9pm	18 SKIP DAY	19 Fitness Center 1-4pm Walking Track 1-4pm Open Gym 1-4pm
20 Fitness Center 12-4pm Walking Track 12-4pm Open Gym 12-4pm	21 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	22	23 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	24 SKIP DAY	25 SKIP DAY	26 Fitness Center 1-4pm Walking Track 1-4pm Open Gym 1-4pm
27 SKIP DAY	28 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm	29	30 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7:15-9pm			

Daily Drop-in Rate: \$10 (Lincoln-Way Residents) - \$15 (Non Lincoln-Way Residents).

Walking Track is FREE to Lincoln-Way Residents. Non Lincoln-Way Residents must pay \$5 per visit.

The Field House hours may end earlier due to lack of attendance. Patrons are encouraged to arrive at the program's start time.

Due to circumstances beyond our control, additional skip days may be added. These dates will be posted as we are notified.