

July 2022 Lincoln-Way West: Drop-In Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 SKIP DAY	5 SKIP DAY	6 SKIP DAY	7 SKIP DAY	8	9
10	11 Fitness Center Only 6-9pm	12 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	13 Fitness Center Only 6-9pm	14 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Pickleball 7-9pm	15	16
17	18 Fitness Center Only 6-9pm	19 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	20 Fitness Center Only 6-9pm	21 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Pickleball 7-9pm	22	23
24	25 Fitness Center Only 6-9pm	26 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	27 Fitness Center Only 6-9pm	28 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Pickleball 7-9pm	29	30
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The Field House hours may end earlier due to lack of attendance. Patrons are encouraged to arrive at the program's start time. Due to circumstances beyond our control, additional skip days may be added. These dates will be posted as we are notified.