

October 2021 West Field House Drop-In Programs & Open Gym

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Fitness Center 6-9pm Teen Open Gym 7-9pm	2 Fitness Center 1-4pm Open Gym 1-4pm
3	4 Fitness Center 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	5 Fitness Center Only 6-9pm	6 Fitness Center 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	7 Open Gym 6-9pm Fitness Center 6-9pm	8 SKIP DAY	9 SKIP DAY
10 SKIP DAY	11 Fitness Center 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	12 Fitness Center Only 6-9pm	13 Fitness Center 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	14 Open Gym 7-9pm Fitness Center 6-9pm	15 SKIP DAY	16 SKIP DAY
17 Open Gym 12-4pm Fitness Center 12-4pm	18 Fitness Center 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	19 Fitness Center Only 6-9pm	20 Fitness Center 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 7-9pm	21 Open Gym 6-9pm Fitness Center 6-9pm	22 Fitness Center 6-9pm Teen Open Gym 7-9pm	23 Fitness Center 1-4pm Open Gym 1-4pm
24 Open Gym 12-4pm Fitness Center 12-4pm	25 Fitness Center 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	26 Fitness Center Only 6-9pm	27 Fitness Center 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	28 Open Gym 6-9pm Fitness Center 6-9pm	29 SKIP DAY	30 SKIP DAY
31 SKIP DAY						