

September 2021 West Field House Drop-In Programs & Open Gym

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5		7 Fitness Center Only 6-9pm	8 Fitness Center 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	9 Open Gym 6-9pm Fitness Center 6-9pm	10 Fitness Center 6-9pm Teen Open Gym 7-9pm	11 Fitness Center 1-4pm Open Gym 1-4pm
12 Open Gym 12-4pm Fitness Center 12-4pm	13 Fitness Center 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	14 Fitness Center Only 6-9pm	15 Fitness Center 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	16 Open Gym 6-9pm Fitness Center 6-9pm	17 Fitness Center 6-9pm Teen Open Gym 7-9pm	SKIP DAY
19 Open Gym 12-4pm Fitness Center 12-4pm	20 Fitness Center 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	21 Fitness Center Only 6-9pm	22 Fitness Center 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	23 Open Gym 6-9pm Fitness Center 6-9pm	SKIP DAY	25 Fitness Center 1-4pm Open Gym 1-4pm
26 Open Gym 12-4pm Fitness Center 12-4pm	27 Fitness Center 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	28 Fitness Center Only 6-9pm	29 Fitness Center 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	30 Open Gym 6-9pm Fitness Center 6-9pm		