

Children's Basketball League Skills Clinic

COVID-19 Guidelines

Health Monitoring

1. Players and coaches must perform self-evaluations and anyone experiencing symptoms must stay home.
2. Players and coaches with a fever of 100.4 must stay home and be symptom free for 72 hours.
3. If a participant does contract COVID-19, they should remain isolated at home for a minimum of 14 days after symptom onset and can be released after feverless and feeling well (without fever-reducing medication) for at least 72 hours OR has 2 negative COVID-19 tests in a row, with testing done at least 24 hours apart.
 - a. Notify the New Lenox Community Park District ASAP when you know this information so we can conduct contact tracing. Personal health information will be completely confidential.
4. Any participant who has had close contact with another participant or any other person who is diagnosed with COVID-19 should quarantine for 14 days after the last/most recent contact with the infectious individual and should seek a COVID-19 test at a state or local government testing center, healthcare center or other testing locations.
5. All other participants should be on alert for symptoms of fever, cough, or shortness of breath and taking temperature if symptoms develop
6. If a participant is identified as being COVID-19 positive by testing, CDC cleaning and disinfecting will be performed as soon after the confirmation of a positive test as practical.

Program Guidelines

1. Every participant must have a completed NLCPD Program COVID-19 Waiver on file.
2. Upon entering the building, parents/guardians must present the NLSD 122 Green CrisisGo badge to certify your child is able to participate. If your child does not attend NLSD 122, then a copy of the Student Health Screener must be completed and handed to the staff member on site.
3. Before entering the building, coaches must complete the Health Screener and hand it to the staff member on site.
4. Only coaches, players and NLCPD staff will be allowed into the facility. Parents/Guardians will be required to drop off and pick up their child. No spectators will be allowed into the building.

5. NLCPD staff will maintain an attendance log of participants.
6. Players and coaches must always wear a mask.
7. Participants will place personal belongings at their designated spot on the sideline of the court. These spots will be at least 6-ft. away from other's personal belongings.
8. Parents need to be ready to pick up their child as soon as their team's session has been completed. The next team should not arrive until 10 minutes before their scheduled session. This will allow enough time in-between sessions for cleaning purposes.
9. Participants must wash their hands with soap or use hand sanitizer before participating.
10. Participants must bring their own source of water.
11. Adhere to CDC guidelines by not touching your face (after handling ball or any equipment).
12. No handshakes, high fives or fist bumps.
13. No team snacks or drinks are allowed.
14. Players will not be able to change teams once the season has started. Also, new participants will not be added to a team once the season has started.