

# March 2020 West Field House Drop-In Programs & Open Gym

| Sun   | Mon  | Tue                         | Wed  | Thu  | Fri   | Sat  |
|---|--|-----------------------------|--|--|---|--|
| 1<br>Fitness Center- 12-4pm<br>Open Gym- 12-4pm<br>Walking Track- 12-4pm  | 2<br>Fitness Center- 6-9pm   | 3<br>Fitness Center- 6-9pm  | 4<br>Fitness Center- 6-9pm   | 5<br>Fitness Center- 6-9pm   | 6<br>Fitness Center- 6-9pm  | 7<br>Fitness Center- 1-4pm<br>Open Gym- 1-4pm<br>Walking Track- 1-4pm  |
| 8<br>Fitness Center- 12-4pm<br>Open Gym- 12-4pm<br>Walking Track- 12-4pm  | 9<br>Fitness Center- 6-9pm   | 10<br>Fitness Center- 6-9pm | 11<br>Fitness Center- 6-9pm  | 12<br>Fitness Center- 6-9pm  | 13<br>Fitness Center- 6-9pm   | 14<br>Fitness Center- 1-4pm<br>Open Gym- 1-4pm<br>Walking Track- 1-4pm |
| 15<br>Fitness Center- 12-4pm<br>Open Gym- 12-4pm<br>Walking Track- 12-4pm | 16<br>Fitness Center- 6-9pm<br>Men's 35 & Older<br>Basketball 7:30-9pm<br>Walking Track- 7-9pm                 | 17<br>Fitness Center- 6-9pm | 18<br>Fitness Center- 6-9pm<br>Men's 35 & Older<br>Basketball 7-9pm<br>Open Gym- 7-9pm<br>Walking Track- 7-9pm | 19<br>Fitness Center- 6-9pm<br>Open Gym- 7-9pm<br>Walking Track- 7-9pm | 20<br>Fitness Center- 6-9pm<br>High School Open Gym-<br>7-9pm<br>Walking Track- 7-9pm | 21   |
| 22<br>Fitness Center- 12-4pm<br>Open Gym- 12-4pm<br>Walking Track- 12-4pm | 23<br>Fitness Center- 6-9pm<br>Men's 35 & Older<br>Basketball 7-9pm<br>Open Gym- 7-9pm<br>Walking Track- 7-9pm | 24<br>Fitness Center- 6-9pm | 25<br>Fitness Center- 6-9pm<br>Men's 35 & Older<br>Basketball 7-9pm<br>Open Gym- 7-9pm<br>Walking Track- 7-9pm | 26<br>Fitness Center- 6-9pm<br>Open Gym- 7-9pm<br>Walking Track- 7-9pm | 27<br>Fitness Center- 6-9pm<br>High School Open Gym-<br>7-9pm<br>Walking Track- 7-9pm | 28<br>Fitness Center- 1-4pm<br>Open Gym- 1-4pm<br>Walking Track- 1-4pm |
| 29<br>Fitness Center- 12-4pm<br>Open Gym- 12-4pm<br>Walking Track- 12-4pm | 30<br>Fitness Center- 6-9pm<br>Men's 35 & Older<br>Basketball 7-9pm<br>Walking Track- 7-9pm                    | 31<br>Fitness Center- 6-9pm |  |  |   |  |